

THE COMPLEX RELATIONSHIP BETWEEN CHOLESTEROL AND NEURODEGENERATIVE DISEASES: FOCUS ON HDL AND MULTIPLE SCLEROSIS

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DECLARES that he/she **has not had any** relationship, including financial relationships, with entities with commercial interests in the health care field during the past two years.



Relationship between cholesterol regulators' genes and neurodegenerative diseases

APOE	rs7412
PCSK9	rs11591147
LIPC	rs261334
SNPC2	rs116635738

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15

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162 lipid-related SNPs found in Multiple Sclerosis

LDL	A/G	-0.139	3×10^{-40}
LDL	A/C	-0.121	1×10^{-8}
HDL	G/C	0.031	6×10^{-7}
HDL, LDL	A/G	-0.057; 0.060	$3 \times 10^{-7}, 5 \times 10^{-7}$

Yan Zhang, 2019, J Neurol Neurosurg Psychiatry

Dysregulated cholesterol homeostasis in central nervous system leads to neurodegeneration

Saher, G. et al., Biochimica et Biophysica Acta - Molecular and Cell Biology of Lipids . 2015:.

Multiple sclerosis (MS)





Healthy brain



Brain with damage (lesions or plaques) caused by MS



Selective demyelination of central nervous system (CNS) neuron axons.

Heterogeneous disease of complex aetiology.

Multiple risk factors -chronic neuroinflammation -alterated lipid profile

Diagnosis→clinical history, neurologic examination, magnetic resonance imaging, blood and cerebrospinal fluid (CSF) test, <u>Routine CSF examination for MS diagnosis</u>:

- -Oligoclonal bands (OCB) status
- -IgG index

-albumin ratio

No cure

MS and HDL-C lipid profile













○: Cognitively Normal subjects; ●: Alzheimer's Disease subjects

M Turri, **M Palumbo**, F Bernini, F Zimetti, L Calabresi; Alzheimers Res Ther. 2023 May 20;15(1):95. doi: 10.1186/s13195-023-01241-6.



Identify possible disturbances of lipoprotein function in Multiple Sclerosis, by <u>measuring:</u>

<u>-Cerebrospinal fluid (CSF) HDL cholesterol efflux capacity</u> (CSF HDL-CEC)

-Serum HDL cholesterol efflux capacity (serum HDL-CEC)







- N 25 relapsing-remitting or progressive, mainly primary, MS (according to McDonald criteria 2017)
- N 13 age- and sex-comparable controls (CTRL) subjects undergoing a lumbar puncture, diagnosed with non-inflammatory and non-degenerative diseases, mostly headache



Patients were recruited by Prof Granella research gruop from Parma University Hospital. Project approved by the Ethics Committee 17/10/2023

Materials and Methods







Peripheral cell/ macrophage models

Serum HDL-CEC

-J774 treated with cAMP

-CHO transfected with ABCG1 gene

Incubation with internal controls and HDL from CSF and serum of subjects included in the study





Cholesterol efflux quantification by liquid scintillation counting (%)

Clinical demographics data

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Patients' characteristics	CTRL N = 13	MS N = 25	P value	
Age - years	43 ± 14.76	38 ± 12.26	0.2787	
Male - n (%)	5 (38.46)	9 (36)	>0,9999	
	Clinical dat	а		
EDSS – (0 - 10)	-	2.00 (1.50 – 3.00)	-	
RM9				
0 (0≤9 lesions) – n (%)	1 (7.7)	10 (40)	0,0597	
1 (>9 lesions) – n (%)	1 (7.7)	14 (56)	0,0050	
OCB positive – n (%)	1 (9.1)	20 (80)	<0,0001	
	Lipid profile—m	ng/dL		
Total Cholesterol	208.1 ± 39.68	184.7 ± 45.14	0.1644	
HDL Cholesterol	53.44 ± 9.59	61.33 ± 14.67	0.1462	
LDL Cholesterol	143.89 ± 31.72	116.57 ± 34.17	0.0469	
Triglyceride	138.5 (107.0 - 203.8)	72.5 (54.6- 101.8)	0.0010	
Dis	ease Modifying therap	y (DMT) – n (%)		
Treated – n (%)	0 (100)	21 (84)	<0,0001	11

MS CSF HDL Cholesterol efflux capacity (CSF HDL-CEC)

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MS serum HDL Cholesterol efflux capacity (serum HDL-CEC)



CTRL

MS



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Serum CSF HDL Cholesterol efflux capacity (CSF/serum HDL-CEC) after stratification for disease severity: RM9 (all subjects)





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Serum CSF HDL Cholesterol efflux capacity (CSF/serum HDL-CEC) after stratification for OCB positivity (all subjects)



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CTRL Vs	CSF HDL-CEC from astrocytes and mediated by ABCG1 were lower in MS
MS	CSF HDL-CEC from astrocytes was lower in subjects OCB positive:
Vs OCB +	Serum HDL-CEC mediated by the transporters ABCA1 was lower in subjects OCB positive.

Conclusions



 These results suggest that MS is associated with a defect in CSF HDL capacity to promote the first step of the cerebral cholesterol transport

2. The observation that also Serum HDL-CEC mediated by ABCA1 is lower in subjects OCB positive may put the premises to study Serum HDL CEC as a potential biomarker of the disease

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F. Granella group